

CAA News

THE NEWSLETTER OF THE CENSUS ALUMNI ASSOCIATION ❖ May 2003

CAA Election Coming Up Soon

Four of the eight director positions are expiring at the end of this year, and we will be voting this summer for the people to fill those slots, as well as for president and vice president. You should receive a ballot in July, early enough to allow us to tally the votes and announce the results at the fall reunion.

If you would be interested in running for any of the positions, please submit your name as soon as possible to CAA, Box 1480, Suitland, MD 20752. The only qualifications are that you be a Census alumni and that you live close enough to Suitland to be able to attend approximately four board meetings a year. The term of office is 4 years for director positions, and 2 years for president and vice president.

Tentative Date for Next Reunion

Pencil in October 3 as the possible date for the next CAA reunion. It isn't final yet, but that's what we're aiming for.

News From Alumni

[Lots of news this issue! Thanks to all who wrote. Now let's hear from the rest of you. And please, if possible, send your contribution by e-mail to gmann928@hotmail.com.]

Sam Baum sent in this contribution.

My wife Hilda and I moved to Colorado in July 1997. We were familiar with the area as our oldest son had been here since 1979 and we had visited often. Our three children and their families all live within a 30-mile radius, so we get together quite often. We celebrated our 50th anniversary last year with a family trip to Santa Fe.

We live in Longmont, a town of about 70,000, located

35 miles northwest of Denver. We were surprised by the mild climate here most of the year. Although the mountains get lots of snow in winter, we rarely get more than an inch or two, and that usually melts in a couple of hours. Thus I am able to play tennis outdoors almost every day. We do a lot of walking, chauffeuring the grandkids to their many activities, doing some volunteer work with nonprofit agencies, and generally having fun. My wife spends a lot of time with her clay sculpture hobby and other art work.

When we first moved here I worked part-time at the University of Colorado Population Program, but after a couple of years "retired" again. I also worked as a follow-up enumerator for several weeks during the 2000 Population Census.

A few weeks ago we flew to Las Vegas, where our son, daughter, and I participated in the Las Vegas Half-Marathon race (13 miles). Our son ran, and our daughter and I walked. Except for the strong winds it was a fun race, and we all managed to finish. Since 1996 our entire family (almost) has done the annual Bolder Boulder, a 10k race (6.2 miles) held on Memorial Day in which more than 40,000 people take part, about half running, half walking.

We haven't run come across any Census Bureau alumni out here, but do keep in touch by e-mail with some of them, including Dan Levine, Ellen Jamison, and Eduardo Arriaga. We would welcome hearing from any Census alumni coming out this way. Phone 303-678-9886 or e-mail to sbaumhedin@aol.com.

Jewell Dennis says, "It's great to read about our former coworkers' pleasures, and their whereabouts, health, etc." She says she is living in Seat Pleasant, MD, and happy to be retired (since June 29, 1981).

Eleanor Zander says she has been retired for 2 years and is enjoying it very much. She is very active in community volunteer services and her church, and enjoys

spending time with her family.

Paula Schneider says she hopes lots of retirees send interesting notes—it's depressing to read only obituaries. [*I agree!* - Ed.] She has been maintaining some contact with the Bureau on a small personal services contract. She also lunches occasionally with current and former employees, including Bryant Benton, Fred Alt, Bill Butz, Cathy LaVoie, Betty Ann Saucier, Chuck Hancock, Chuck Waite, and Jay Waite. She has been traveling a bit, mainly to her second home in Rehoboth, DE, where she and her husband plan to move eventually. She also works out every weekday morning, and says Howard Hamilton beats her to the gym most days.

Lorraine Hughes says that after 50+ years in the government, she is really enjoying retirement and is very busy. She bowls in two weekly leagues and travels often to bowling tournaments all over the country. The rest of her time is spent visiting and traveling with her twin grandchildren.

Ziggy "Ski" Krivitsky says he enjoys golfing daily at the Naval Surface Warfare Center in Indian Head, MD, and weight training and swimming at the College of Southern Maryland.

Louise Tapager-Kirk and her husband retired to Riderwood Village in Silver Spring, MD, and she says it is everything retirement should be. They're happy to still be close enough to visit old friends.

Joy Aso says that since retiring, she and her husband have been traveling, to New York and California. In October 2002 they enjoyed a 2-week trip to Japan, which was a wonderful adventure. Later this year or early next year, they hope to visit Europe. They hope everyone is enjoying themselves as much as they are.

Muriel Wiesen retired in 2000 after 12 years in the New York Regional Office, plus 7 years of service years ago in the Navy Department. Last June she and her husband moved from Newark, NJ, to Reston, VA, to be near their son, who lives in Arlington and works as a communications director for a nonprofit organization.

Bob Brand points out that his photo was on page 7 of the December/January issue of *Census CounterParts*. He retired in 1996, but returned to the Bureau as a contractor in late 1997 to help with the 1997 Economic

Censuses. He's still there 5-1/2 years later, working on the 2002 Economic Censuses. He hopes to still be there when the new building opens. [*He must be a great optimist!* - Ed.]

Robert Allen says he thinks only a few people will recognize his name, as he served three different tours with the Bureau, working at headquarters; Buffalo, NY; Pittsburg, KS; Jeffersonville, IN; New Orleans, LA; Austin, TX; and Dallas, TX. He and his wife, Karen, live in Slidell, LA. Their daughter and her family live in Baton Rouge and their son and his family live in Houston. They all got together in Houston for Christmas and had "an exciting time." Robert and Karen continue to work in their security business but manage to travel often. They visited relatives in Salem and Roanoke, VA, last fall. They love cruises, the beach, and visits to Gulf Shores, AL. They plan to retire completely in the next year or so.

Jerry Mann enjoyed a "Paint the Town" weekend in New York City in March. The package included transportation on the Amtrak Acela Express (very comfortable), a \$50 dinner voucher (delicious dinner at Etoile), and a Broadway show (Rosie Perez & Joey Pants in "Frankie and Johnny in the Clare de Lune"). The next day he met with friends who live in the area for lunch, dinner, and another show, "I Love You, You're Perfect, Now Change." On Sunday they enjoyed a jazz brunch at Iridium, a club where Les Paul plays every Monday night. (Yes, he's still alive!)

Ron and Cheryl Piencykoski are now living full-time in Clearwater, FL, and loving it. They enjoy golf, travel, reading, and spending time with family and friends, including Census alumni Sol & Estelle Helfand, Gerry Post, and Ty & Roberta Sturdevant. They recently were visited by Irv & Claire True and enjoyed dinner and a Caps hockey game with them, the Helfands, and Post. Last November they visited Washington and saw Arlet & Jim Aanestad, Ken & Margaret McBeth, Helen & Dave Barton, Bob Crowther, and the Trues.

Ty Sturdevant and his wife Roberta were guests of the Piencykoskis on New Year's Day [*see the previous item*]. Ty was preparing to compete in four dash races in February, running for the first time as a 75-year-old. He trains by running after balls on the tennis court three times a week and chasing golf balls into the rough six times a

week. On Sundays he rollerblades, and during the summer months he swims. Last December, he and Roberta enjoyed snorkeling at the Great Barrier Reef in Australia.

Gary Young has enjoyed contributing to the D.C. Heritage Tourism Coalition in his retirement by researching the history of his Southwest waterfront neighborhood. The coalition prepares text and graphics for historical signs to be placed in various neighborhoods around Washington. The signs are intended to help residents and visitors learn about the history of the city and its neighborhoods.

Al Etzler says he is still “retired” (not working for pay) since leaving ACSD in 2001, but is keeping busy. Much of his time is spent on volunteer activities for his church. Last year he was elected governor of Region II at the International Lutheran Laymen’s League convention in Ottawa. This involves some travel among the Atlantic Coast states and attending the Board of Governors meetings in St. Louis.

His wife Lois is still working, partly telecommuting from home, and occasionally travels on her job. They also have been traveling together for pleasure, including a 12-day trip to China last summer. They visited Shanghai, Chongqing, Xi’an (locale of the famed terra cotta soldiers), and Beijing, walked the Great Wall, and cruised on the Yangtze River. They also enjoyed a New Year’s visit to Pasadena to help decorate the Lutheran Hour float for the Rose Parade. This summer they hope to revive their garden after last year’s disastrous drought and to be producing fresh vegetables once again.

Richard (Dwight) Osbourn says retirement is the best thing since sliced bread, but that he hasn’t found any leisure time yet. When he does, he promises to let us know.

L. Odell Larson notes that he retired from the Agriculture Division (now part of USDA) in 1992 after 30 years with USDA and 5 years with the Census Bureau. He then worked for 5 years with the UN’s Food and Agriculture Organization, then retired to Grand Junction, CO, in 1998. He and his wife love the climate, the skiing, and the outdoor recreation, as well as the favorable tax structure. They spend some time each

year touring the country in their motor home and visiting their five children (one each in Utah, Colorado, and Maryland, and two in Florida).

Robert Johnson is enjoying retirement with his wife Barbara in Seaford, DE. Barbara works part-time at a senior center and Bob helps with Meals on Wheels. The program serves 65 to 75 homebound persons three days a week, using five driver routes.

The Johnsons enjoy their local community theater. They also enjoy traveling. Last October they visited Vermont, and in November they celebrated their 45th wedding anniversary with a trip to New Orleans, Biloxi, Atlanta, and the Biltmore Estate in Ashville, NC. Their three children and four grandchildren are doing well. Their son Keith has completed 21-1/2 years in the Air Force, and his wife, 17 years. They have been stationed for the past 6-1/2 years at Ramstein AB, Germany.

Gloria Stansbury says she is enjoying “just being lazy and doing what I want to do, sleeping late and enjoying my new home and my grandchildren.”

Bob Stefan and his wife Joy are living in a gated community, Hot Springs Village, in Arkansas. While their home was being built, they drove to California, with lots of stops along the way to see relatives. They enjoyed seeing their daughter and her family, which includes two delightful granddaughters. (Their other daughter lives in Virginia and teaches high school.)

Residents of the Village have eight golf courses available for play, and Bob plays about 3 times a week. He and Joy are active in NARFE, the computer club, and the genealogical club, and they bowl in a mixed league. They also enjoy motoring around the lake by their home in their pontoon boat, visiting friends along the shoreline and occasionally catching catfish, bass, and crappie. Anyone interested in details about the community can visit www.hsvpoa.org. The e-mail address for the Johnsons is joybob@hsnp.com.

Marshall Moore has been living in Salinas, CA, since 1996 to be near surviving relatives. He visited the Census Bureau last September and saw many old friends in the Governments Division. He traveled between California and Washington, DC, by Amtrak, and says it was very scenic.

Tony Radspieler is a charter sailboat owner and skipper on the Chesapeake Bay and off the East Coast. He and his wife Sandy live at Flag Harbor, MD, where he operates “Sail A Vie Charters, Inc.” They enjoy sailing, lunching at the beach, and just watching the ocean rollers crashing on shore.

Tony gained his seagoing experience during 8 years as a merchant marine radio operator during WWII and from sailing his own 27-foot center-rigged boat from Haiti, where he had it built, to Florida. He also put in 41 years of government service, including assignments with the UN High Commissioner’s office in Germany and Austria, during which he learned German and French. He took early retirement from his final position as an economic statistician with the Foreign Trade Division.

Barbara Bailar has kept busy since her retirement from the Census Bureau. She served as the executive director of the American Statistical Association until 1995, when she and her husband, John, moved to Chicago. Then she was the senior vice president for survey research at the National Opinion Research Center until retiring in June 2001. Last September, she and John moved back to Washington to be near old friends.

Thomas Peebles, who retired in October 2001 as a computer specialist and computer programming instructor, has been having health problems that restrict his activities, but says he is still enjoying retirement and being closer to his family. He spends a lot of time working on computers for friends and relatives, and building his own “the way I want it.” He also enjoys relaxing, watching sports on TV, and appreciating not having to work and commute every day. He sends best wishes to his friends from the Educational Services Branch.

John Oliva has a daily routine that involves running errands, picking up his grandkids and spending time with them, and a lot of other little things he didn’t have time for while working. He says, “It is good to be retired.”

Don Starsinic, our most faithful correspondent, sent an update of his life as a retiree. He was elected 2003 chairman of the Central Kentucky chapter of NARFE (he had served before in 1999), which added one to his newsletter responsibilities—NARFE, AARP, and the

Stonewall Community Association. He and his wife, Margaret, traveled to the Washington area last November and December to help their son move into a townhouse in Bowie. They were planning another trip east for a NARFE conference in March and intended to visit the Census Bureau then. They both continue enjoying their genealogical research, and have come up with some “sensational results.”

Donald Young is recovering from major surgery done back in February, and is eager to find out about the next CAA reunion.

Patricia Horning says that since retiring in August 2002, she and her husband Jim have moved to a home on Smith Mountain Lake, southeast of Roanoke, VA. She says, “We enjoy the peace and quiet. We recently purchased a pontoon boat and enjoy fishing and water activities on the lake. We spent four weeks in February-March at South Padre Island, TX, in our new RV.”

Blood Pressure Drug May Reduce Migraines

A recent study indicated that many people who experience frequent migraine attacks, and who do not respond to the available medications, may experience less frequent, shorter, and less severe headaches while taking candesartan cilexetil, a blood pressure medicine. However, further studies are needed because the tests were funded and designed by the drug manufacturer, and because the frequency and severity of headaches were self-reported. You may wish to consult your doctor about using the drug for this purpose.

Source: Journal of the American Medical Association, 1/1/03

DEATHS

[Please forward any obituaries of former Census Bureau employees you see in papers outside the DC area.]

Josephine Marie Minni, 93, died of a heart ailment December 29 at Holy Cross Hospital in Silver Spring, MD. She was a procurement clerk with the Census Bureau in the early and mid-1950s, and then was a procurement administrative aide with the National Institutes of Health until her retirement in the early 1970s. Survivors include her husband of 65 years, Philip, 2 sons, a daughter, a sister, 11 grandchildren, and 8 great-

grandchildren.

Barbara Jane Aldrich, 59, an information management specialist for the Census Bureau, died of cancer January 6 at the Halquist Memorial Hospital Center in Arlington, VA. Ms. Aldrich worked for a number of years in the old Data User Services Division. Survivors include her sister, Nancy Ament of Colorado Springs.

Ethel B. Trunnell, who worked in the travel section of ACSD, died on December 20. The cause of death was not given. Survivors include a son, two daughters, a brother, 12 grandchildren, and numerous great-grandchildren, nieces, and nephews.

Elizabeth A. Larmon, 90, died on January 27. The cause of death was not given. She worked for many years as a demographer in the Population Division of the Census Bureau. Survivors include a daughter, two grandchildren, two great-grandchildren, a sister, and a brother. Henry Shryock wrote to say that Elizabeth joined the Population Division near the end of WWII. She also worked in Jeffersonville for a time, and took a leave of absence to be an AID consultant in Iran. She was the editorial associate on *Methods and Materials of Demography* by Shryock and Siegel.

Wayne H. Massey, 76, died February 22 of an aortic aneurysm. He had been in poor health for some time. Before coming to the Census Bureau, he retired from the Navy as a senior petty officer after 23 years of service. He spent most of his career at the Bureau in various administrative positions in the Administrative Services Division and its successors, and he retired in 1994 from ACSD. His passion was golf, and he played frequently at Andrews AFB. Survivors include his wife of 56 years, Grace "Jean" Massey; a son, Gary; and a daughter, Patricia; as well as several nieces and nephews and a multitude of friends.

Larry Bryant, 53, died of a heart attack February 20 while on a business trip to New York City. He lived in Canoga Park, CA, but was a native of Washington, DC. In the 1980s he was an information officer for the Census Bureau. Before that he was an anchor for WTTG-TV and host of the program "Black News."

Survivors include his wife, Emyna Bryant, a son, a stepson, and a sister.

Cornelia Braddy and **Virginia Izzard** died in 2002, as reported by Margaret Taylor. No other information was provided.

Carl Jablin died October 6, 2002, as reported by Michael Jablin. No other information was provided.

Carolyn Reeves died January 27. She was retired from the Census Bureau, where she worked in the library. Survivors include two daughters and a sister.

Catherine "Kitty" Neafsey died December 5, 2002. She worked at the Census Bureau from the mid-1930s to the early 1970s in various capacities. Her career was devoted to statistical data processing, from machine tabulation to project planning, procedure writing, and computer applications. When she retired, she was in charge of planning and developing computer systems for the Special Projects area of the Systems Division. Survivors include a brother, three sisters, and numerous nieces and nephews.

Vernon Pegram died February 1. He was widely known as the "The Egg Man," delivering fresh eggs weekly to the Census Bureau, and fresh turkeys every Thanksgiving and Christmas. He worked in the old Programming Division, and he bowled in both Census leagues. He retired in 1984.

Jesse Joe Verdeja, 74, died January 30 at his residence in Temple Hills, MD, after a lengthy battle with cancer. He worked in the Computer Services Division. Survivors include two sons and numerous cousins and other relatives. He was preceded in death by his wife, Eunice Parker.

George Hall, 72, former associate director for demographic fields, died unexpectedly on March 13. He began his career at the Census Bureau in the Housing Division in 1959, and later moved to the Demographic Surveys Division, where he became assistant division chief. He played a major role in developing the Survey of Income and Program Participation, the Consumer Expenditure Survey, and the Crime Victimization Survey.

He later was named as director of the National Criminal Justice Information and Statistics Service in the Department of Justice. He then served as deputy director of the Office of Statistical Policy at the Office of Management and Budget from 1974 through 1979. He returned to the Census Bureau in 1979 and received the Department of Commerce Gold Medal for his role in the 1980 Decennial Census. After retiring in 1981, he joined a group of former Census colleagues to form Cenex, Inc., a statistical consulting group. Later he founded Baseline Data Corporation and co-founded Slater Hall Information Products.

Mr. Hall was a member of the American Statistical Association and a past president of the Washington Statistical Society. He is survived by his wife, Clara; a son; and a daughter.

Ruth Stanfield, 89, died of a stroke on December 10, 2002. She served as Dr. Conrad Taeuber's secretary for 30 years, joining him when he worked at the Department of Agriculture.

Romeo Muñoz, 61, died on March 30. He had cancer. He was chief of the training branch in the old Personnel Division for many years before retiring in 1994. Survivors include two daughters, a son, six grandchildren, and 12 siblings.

Alternative Treatments for Arthritis

The AMA, NIH, FDA, and other research organizations have been evaluating alternative therapies for arthritis. Here is the current status.

Acupuncture. NIH says that acupuncture may be a reasonable pain management option for osteoarthritis, but the American College of Rheumatology says it works no better than a placebo.

Glucosamine and chondroitin sulfate. Preliminary

evidence shows that these substances, found naturally in cartilage, may alleviate pain. Some studies suggest that they're capable of maintaining existing cartilage and stimulating growth of new cartilage. But long-term studies are needed to determine safety and effectiveness.

Vitamins and other nutritional supplements.

Omega-3 fatty acids and the antioxidant vitamins A, C, and E may give modest, temporary relief from arthritis symptoms. But again, long-term studies are needed to prove safety and effectiveness.

Other alternative arthritis treatments, such as copper bracelets, magnets, bee and snake venom, and aromatherapy, have not been subjected to scientific study, and their risks and benefits are unknown.

Sherman Landau, CAA Board Member

This article continues the series of profiles of CAA board members.

Sherman Landau retired from the Bureau in 1981 as Chief of the Governments Division. He had 31 years of service, all in Governments Division. He received the Department of Commerce Silver Medal award for his work in moving Governments programs onto the computer, beginning with Univac I.

Before coming to the Census Bureau, Landau served in the Army in the Pacific from 1943 to 1946. He graduated from CCNY in 1948 with a major in Philosophy. He also did some graduate work in Public Administration and Statistics at Columbia University and at George Washington University. He volunteered for some time teaching computer usage at The American University to blind students and at the Department of Veteran's Affairs to blind and disabled people.

Since retiring, Landau's chief leisure activities are golf, playing the piano (1940s ballads), painting at the Torpedo Factory in Alexandria, VA, and ballroom dancing, "which my beautiful wife drags me to."

Landau says he feels fortunate that both of his children live nearby in the DC area. His son is an engineer for Verizon, and his daughter is the educational program director for the American Association of Clinical Chemists.

Too Much Vitamin A Increases Risk of Osteoporosis

The National Academy of Science's Institute of Medicine (IOM) has reduced its recommended daily allowance of vitamin A by about 10 percent, and cautions that eating a diet high in A and popping supplements with lots of A may increase the risk of osteoporosis. IOM recommends that women get only 2,300 I.U. daily, and men only 2,970.

Many multivitamins include 5,000 or even 10,000 I.U. of A, although the amount delivered as beta carotene doesn't count toward the recommended limit on A. Also, many cereals and dairy products are fortified with A, and meat (especially beef liver), fish, and eggs contain significant amounts of A.

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Your contributions are welcome on any subject of interest to former Census Bureau employees, especially news of yourselves and your families. Please send contributions to gmann928@hotmail.com or to CAA, P.O. Box 1480, Suitland, MD 20752. (E-mail is